



Center of Attention

Part Three

Abbreviations...

AC6 (Axis Cable) – slip 4 stitches to cable needle and hold in front of work, knit 2 stitches from left hand needle, return 2 center stitches from cable needle to left hand needle, move cable needle to back of work, knit 2 center stitches, knit 2 stitches from cable needle. **See *Axis Cable Video***

k2tog – knit two together. **See *K2tog Video***

ssk - slip next stitch as if to knit, slip next stitch as if to knit, insert left needle into the front of these two slipped stitches from left to right and knit together.

See *SSK Video*

W&T (Wrap & Turn) **See *Wrap and Turn Video***

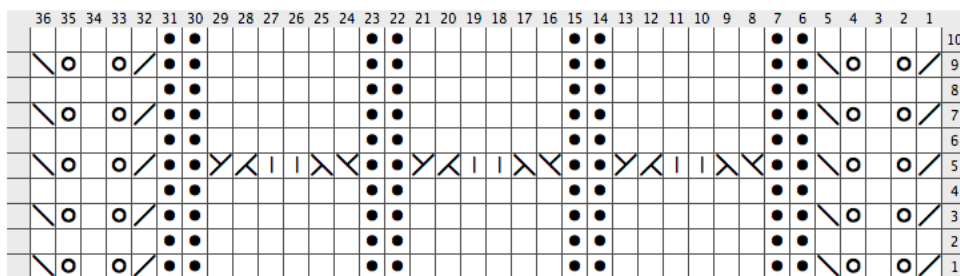
On **knit** side – slip 1, bring yarn to front of work, slip same stitch back to left needle, bring yarn to back of work, turn.

On **purl** side – slip 1, bring yarn to back of work, slip same stitch back to left needle, bring yarn to front of work, turn.

yo – yarn over. **See *Yarn Over Video***

Instructions...

Directions are for women's Medium (directions for Large in parentheses when necessary).



Legend:

k2tog

yo

knit

ssk

purl

AC6

Heel

See *Short Row Heel – Part 1 Video*

If working both socks at once, **See *Two at a Time Socks – Short Row Heel Video***

Work next row of design pattern across 36 instep stitches (see chart). These stitches will remain unworked during heel construction. The 32(36) sole stitches will form the heel.

Work across heel stitches as follows:

Row 1. Knit to last stitch on heel, W&T.

Row 2. Purl to last stitch on heel, W&T.

Row 3. Knit to stitch before wrapped stitch, W&T.

Row 4. Purl to stitch before wrapped stitch, W&T.

Repeat **Rows 3 and 4** until there are 12(14) unwrapped center stitches ending after **Row 4**. There will be 10(11) wrapped stitches on each side of the center stitches.

Pick up (unwrap) wrapped stitches as follows: **See *Short Row Heel – Part 2 Video***

Row 1. Slip 1, knit to 1st wrapped stitch, lift front leg of wrap from front to back (placing left leg of wrap in front of needle) and knit it together with next stitch through the back loop, turn.

Row 2. Slip 1, purl to 1st wrapped stitch, lift back leg of wrap from back to front (placing right leg of wrap on front of needle) and purl it together with next stitch, turn.

Repeat **Rows 1 and 2** until 1 wrapped stitch remains on each side of heel ending after **Row 2**.

Slip 1, knit across heel stitches and unwrap last stitch on knit side leaving one remaining wrapped stitch on the purl side. (**Do not go back and unwrap!**)

Work across instep in design pattern.

Unwrap last remaining wrap on the knit side by lifting wrap on needle (as on previous knit rows) and knit it together with next stitch through the back loop. Knit remainder of heel stitches.

STOP!

Your heel is done and you should be quite proud of it! Come back next week and we'll finish up the sock.

Happy knitting!