



Crimple – Part 3

Abbreviations...

PUW – pick up wrap. **See *Picking Up Wraps* Video**

sl - slip. **See *Slip Stitch* Video**

W&T (Wrap & Turn) **See *Wrap and Turn* Video**

On **knit** side – slip 1, bring yarn to front of work, slip same stitch back to left needle, bring yarn to back of work, turn.

On **purl** side – slip 1, bring yarn to back of work, slip same stitch back to left needle, bring yarn to front of work, turn.

Instructions...

Heel, Part 1 – ALL Sizes **See *Short Row Heel – Part 1* Video**

Work next row of charted design pattern across 28 (32, 36) instep stitches. These stitches will remain unworked during heel construction. The 28 (32, 36) sole stitches will form the heel.

Work across heel stitches as follows:

Row 1. (Right Side) Knit to last stitch on heel, W&T.

Row 2. Purl to last stitch on heel, W&T.

Row 3. Knit to stitch before wrapped stitch, W&T.

Row 4. Purl to stitch before wrapped stitch, W&T.

Repeat **Rows 3 and 4** until there are 12 (12, 14) unwrapped center stitches ending after **Row 4**. There will be 8 (10, 11) wrapped stitches on each side of the center stitches.

Heel, Part 2 **See *Short Row Heel – Part 2* Video**

Continue to work heel pattern (below) in appropriate size.

Small Size Heel Pattern

1. (Right Side) Sl 1, k11, PUW, turn.
2. Sl 1, p3, k2, p2, k2, p3, PUW, turn.
3. Sl 1, p1, (k2, p2) 3 times, PUW, turn.
4. Sl 1, (k2, p2) 3 times, k2, PUW, turn.
5. Sl 1, (p2, k2) 3 times, p2, k1, PUW, turn.
6. Sl 1, p1, (k2, p2) 3 times, k2, p1, PUW, turn.
7. Sl 1, k1, (p2, k2) 4 times, PUW, turn.
8. Sl 1, (p2, k2) 4 times, p2, PUW, turn.
9. Sl 1, (k2, p2) 4 times, k2, p1, PUW, turn.
10. Sl 1, k1, (p2, k2) 4 times, p2, k1, PUW, turn.
11. Sl 1, p1, (k2, p2) 5 times, PUW, turn.

12. Sl 1, (k2, p2) 5 times, k2, PUW, turn.
13. Sl 1, (p2, k2) 5 times, p2, k1, PUW, turn.
14. Sl 1, p1, (k2, p2) 5 times, k2, p1, PUW, turn.
15. Sl 1, k1, (p2, k2) 6 times, PUW. **DO NOT TURN!** Work across instep in pattern.
16. PUW, (k2, p2) 6 times, k2, p1.

Medium Size Heel Pattern

- 1.(Right Side) Sl 1, k11, PUW, turn.
2. Sl 1, p3, k2, p2, k2, p3, PUW, turn.
3. Sl 1, p1, (k2, p2) 3 times, PUW, turn.
4. Sl 1, (k2, p2) 3 times, k2, PUW, turn.
5. Sl 1, (p2, k2) 3 times, p2, k1, PUW, turn.
6. Sl 1, p1, (k2, p2) 3 times, k2, p1, PUW, turn.
7. Sl 1, k1, (p2, k2) 4 times, PUW, turn.
8. Sl 1, (p2, k2) 4 times, p2, PUW, turn.
9. Sl 1, (k2, p2) 4 times, k2, p1, PUW, turn.
10. Sl 1, k1, (p2, k2) 4 times, p2, k1, PUW, turn.
11. Sl 1, p1, (k2, p2) 5 times, PUW, turn.
12. Sl 1, (k2, p2) 5 times, k2, PUW, turn.
13. Sl 1, (p2, k2) 5 times, p2, k1, PUW, turn.
14. Sl 1, p1, (k2, p2) 5 times, k2, p1, PUW, turn.
15. Sl 1, k1, (p2, k2) 6 times, PUW, turn.
16. Sl 1, (p2, k2) 6 times, p2, PUW, turn.
17. Sl 1, (k2, p2) 6 times, k2, p1, PUW, turn.
18. Sl 1, k1, (p2, k2) 6 times, p2, k1, PUW, turn.
19. Sl 1, p1, (k2, p2) 7 times, PUW. **DO NOT TURN!** Work across instep in pattern.
20. PUW, (p2, k2) 7 times, p2, k1.

Large Size Heel Pattern

1. (Right Side) Sl 1, k13, PUW, turn.
2. Sl 1, (k2, p2) 3 times, k2, PUW, turn.
3. Sl 1, (p2, k2) 3 times, p2, k1, PUW, turn.
4. Sl 1, p1, (k2, p2) 3 times, k2, p1, PUW, turn.
5. Sl 1, k1, (p2, k2) 4 times, PUW, turn.
6. Sl 1, (p2, k2) 4 times, p2, PUW, turn.
7. Sl 1, (k2, p2) 4 times, k2, p1, PUW, turn.
8. Sl 1, k1, (p2, k2) 4 times, p2, k1, PUW, turn.
9. Sl 1, p1, (k2, p2) 5 times, PUW, turn.
10. Sl 1, (k2, p2) 5 times, k2, PUW, turn.
11. Sl 1, (p2, k2) 5 times, p2, k1, PUW, turn.
12. Sl 1, p1, (k2, p2) 5 times, k2, p1, PUW, turn.
13. Sl 1, k1, (p2, k2) 6 times, PUW, turn.
14. Sl 1, (p2, k2) 6 times, p2, PUW, turn.
15. Sl 1, (k2, p2) 6 times, k2, p1, PUW, turn.
16. Sl 1, k1, (p2, k2) 6 times, p2, k1, PUW, turn.
17. Sl 1, p1, (k2, p2) 7 times, PUW, turn.
18. Sl 1, (k2, p2) 7 times, k2, PUW, turn.
19. Sl 1, (p2, k2) 7 times, p2, k1, PUW, turn.
20. Sl 1, p1, (k2, p2) 7 times, k2, p1, PUW, turn.
21. Sl 1, k1, (p2, k2) 8 times, PUW. **DO NOT TURN!** Work across instep in pattern.
22. PUW, (k2, p2) 8 times, k2, p1.