



A Pattern From
Knit Purl Hunter

Cableship



Description...

A toe up sock featuring stately cable stitches and a German Short Row heel.

Abbreviations...

C4B (C2 over 2 Right) – slip next 2 stitches onto cable needle and hold in **back** of work, knit next 2 stitches from left hand needle, then knit 2 stitches from cable needle. **See Cables Video**

C4F (C2 over 2 Left) – slip next 2 stitches onto cable needle and hold in **front** of work, knit next 2 stitches from left hand needle, then knit 2 stitches from cable needle. **See Cables Video**

DS (double stitch) - with yarn in front, slip next stitch to right needle as if to purl. Next, pull the working yarn firmly to the back so that the slipped stitch is pulled over the top of the right needle with both legs visible on the needle making it appear as if it were two stitches. Return working yarn to knit or purl position for next heel stitch. **See German Short Row Heel Video**

LTP (Left Twist, purl bg) – slip next stitch to cable needle and hold in **front** of work, p1 from left hand needle, k1 from cable needle.

M1L (Make One Left) – With left needle tip, lift strand between needles from **front to back**. Knit the lifted strand through the **back**. **See Make One Video**

M1R (Make One Right) – With left needle tip, lift strand between needles from **back to front**. Knit the lifted strand through the **front**. **See Make One Video**

PM – place marker

RTp (Right Twist, purl bg) – slip next stitch to cable needle and hold in **back** of work, k1 from left hand needle, p1 from cable needle.

Materials...

- Zauberball Socks, 75%wool/25%nylon, 100g/459 yards, 1 skein
- US #2 (2.75mm) or size to achieve desired gauge. Pattern may be knit with double points, two circular or Magic Loop method.
- Cable needle, two markers

Gauge ... Approx. 8 sts = 1" in stockinette.

Size ... Women's Small (Medium and Large)

Leg circumference measures approximately 5 (6, 7)" unstretched and stretches comfortably to 10 (12, 14)".

Instructions...

Directions are for Small Size (Medium, Large Size in parentheses when necessary).

Toe

Cast On – See *Judy's Magic Cast On Video*

ALL Sizes

Using two needles, cast on 24 stitches using Judy's Magic Cast On with 12 stitches on each needle. Securing tail, knit all 24 stitches.

Toe Increases

If using **one or two circular** needle knitting method, increases are made at the beginning and end of each needle as follows:

Round 1. On 1st needle, k1, M1R, knit to last stitch on needle, M1L, k1.

On 2nd needle, k1, M1R, knit to last stitch on needle, M1L, k1.

Round 2. Knit all stitches.

If using **double points**, divide stitches evenly over 4 needles:

Round 1. K1, M1R, knit to last stitch on 2nd needle, M1L, k1. On 3rd needle, k1, M1R, knit to last stitch on 4th needle, M1L, k1.

Round 2. Knit all stitches.

All needle types: Repeat Rounds 1 and 2 until toe reaches 56 (64,72) stitches.

Foot

First 28(32, 36) stitches will form the instep (top of foot), with second 28(32, 36) stitches forming the sole.

Work appropriate size over instep stitches from written instructions (below) or from Instep Chart on page 7. Knit all sole stitches.

Continue knitting in pattern until foot measures **2" less** than desired length of foot ending after **Round 4**. (Example, if your actual foot measures 9" then knit sock to 7".)

Instep - Small

Round 1. P1, k8, (p2, k2) twice, p2, k8, p1. Knit all sole sts.

Round 2. Same as Round 1.

Round 3. P1, C4B, C4F, (p2, k2) twice, p2, C4B, C4F, p1. Knit all sole sts.

Round 4. Same as Round 1.

Round 5. Same as Round 1.

Round 6. Same as Round 1.

Round 7. P1, C4F, C4B, (p2, k2) twice, p2, C4F, C4B, p1. Knit all sole sts.

Round 8. Same as Round 1.

Instep - Medium

Round 1. K1, p2, k8, (p2, k2) twice, p2, k8, p2, k1. Knit all sole sts.

Round 2. Same as Round 1.

Round 3. K1, p2, C4B, C4F, (p2, k2) twice, p2, C4B, C4F, p2, k1. Knit all sole sts.

Round 4. Same as Round 1.

Round 5. Same as Round 1.

Round 6. Same as Round 1.

Round 7. K1, p2, C4F, C4B, (p2, k2) twice, p2, C4F, C4B, p2, k1.

Round 8. Same as Round 1.

Instep - Large

Round 1. P1, k2, p2, k8, (p2, k2) twice, p2, k8, p2, k2, p1. Knit all sole sts.

Round 2. Same as Round 1.

Round 3. P1, k2, p2, C4B, C4F, (p2, k2) twice, p2, C4B, C4F, p2, k2, p1. Knit all sole sts.

Round 4. Same as Round 1.

Round 5. Same as Round 1.

Round 6. Same as Round 1.

Round 7. P1, k2, p2, C4F, C4B, (p2, k2) twice, p2, C4F, C4B, p2, k2, p1. Knit all sole sts.

Round 8. Same as Round 1.

Heel

See *German Short Row Heel Video*

Maintain established design pattern across 28 (32, 36) instep stitches.

The 28 (32, 36) sole stitches will form the heel.

I recommend placing a **lifeline** before beginning the heel.

Part 1

Work Round 5 of established pattern over instep stitches.

Over heel stitches, k9 (11, 12), PM, k10 (10, 12), PM, k9 (11, 12).

Turn to wrong side of heel stitches. (No longer working in the round.)

Row 1. With WS facing, make DS, purl to end of heel, turn.

Row 2. With RS facing, make DS, knit across heel to DS from previous row. Do not knit the DS. Turn.

Row 3. (WS) Make DS, purl to DS from previous row, turn.

Row 4. (RS) Make DS, knit to DS from previous row, turn.

Repeat Rows 3 and 4 until all of the stitches after the second marker are doubled and only one stitch remains undoubled before the first marker, ending after Row 3.

You will need to turn the work as usual after Row 3, make a DS on RS to complete all of the needed double stitches. The center stitches between the markers remain undoubled with working yarn attached to stitch that is right of the first marker.

At this point of the heel construction, with right side facing, the heel stitches are on the needles as seen in the photo below.



Reading above stitches from left to right:

On left hand needle - left side of heel, 2nd marker (orange), center stitches, 1st marker (green). On right hand needle - right side of heel.

Part 1 (cont.)

Slip 1st marker, knit across center stitches.

Slip 2nd marker, knit across stitches that are left of the center stitches, working each double stitch as if it were one stitch. (Insert right needle under both strands and work together as if a k2tog.)

Return to knitting in the round and work **Round 6** of established pattern across instep stitches.

On heel, knit the double stitches that are right of the center stitches, working each double stitch as if it were one stitch.

Knit across remaining heel stitches, slipping markers. (Count the stitches – you should have 28 (32, 36) sts.

Work **Round 7** of established pattern across instep stitches. (This is a cable round!)

Part 2

Row 1. With RS facing, knit heel stitches to second marker, slip marker, k1, turn.

Row 2. With WS facing, make DS, slip marker, purl across center heel stitches, slip marker, p1, turn. Markers may be removed now.

Row 3. (RS) Make DS, knit across heel to DS from previous row, knit the DS (treating it as one stitch as in Part 1), k1, turn.

Row 4. (WS) Make DS, purl across heel to DS from previous row, purl the DS (treating it as one stitch), p1, turn.

Repeat Rows 3 and 4 until the last stitch on right hand side of heel is purled ending after Row 4. Turn. One doubled stitch remains on left hand side of heel.

With RS facing, make DS, knit to DS at end of heel, knit the DS. Do NOT turn! One doubled stitch remains at beginning of heel (right hand side).

Return to knitting in the round. Work **Round 8** of established pattern over instep stitches. Knit the last DS and knit across heel.

Leg

Continue established instep design for Leg Front over first 28(32, 36) stitches beginning with Row 1.

Work Leg Back design over second 28(32, 36) stitches in appropriate size from written instructions following or from charts found on p. 8 - 10, until leg reaches 1 ½" less than desired length ending after **Row 32** of Leg Back design. On Leg Front, Row 8 will be last row worked. Pictured sample shows two Leg Back repeats.

Leg Back – Small

1. P1, k4, p2, k4, p2, k2, p2, k4, p2, k4, p1.
- 2 – 8. Same as 1.
9. P1, k2, C4F, k4, p2, k2, p2, k4, C4B, k2, p1.
10. P1, k10, p2, k2, p2, k10, p1.
11. P1, k4, C4F, (k2, p2) twice, k2, C4B, k4, p1.
12. Same as 1.
13. P1, k4, p2, C4F, p2, k2, p2, C4B, p2, k4, p1.
14. Same as 1.
15. P1, k4, p2, k2, C4F, k2, C4B, k2, p2, k4, p1.
16. P1, k4, p2, k14, p2, k4, p1.
17. P1, k4, p2, k4, p1, LTp, RTp, p1, k4, p2, k4, p1.
- 18 - 26. Same as 1.
27. Same as 13.
28. Same as 1.
29. Same as 15.
30. Same as 16.
31. Same as 17.
32. Same as 1.

Leg Back – Medium

1. K1, p2, k4, p2, k4, p2, k2, p2, k4, p2, k4, p2, k1.
- 2 – 8. Same as 1.
9. K1, p2, k2, C4F, k4, p2, k2, p2, k4, C4B, k2, p2, k1.
10. K1, p2, k10, p2, k2, p2, k10, p2, k1.
11. K1, p2, k4, C4F, (k2, p2) twice, k2, C4B, k4, p2, k1.
12. Same as 1.
13. K1, p2, k4, p2, C4F, p2, k2, p2, C4B, p2, k4, p2, k1.
14. Same as 1.
15. K1, p2, k4, p2, k2, C4F, k2, C4B, k2, p2, k4, p2, k1.
16. K1, p2, k4, p2, k14, p2, k4, p2, k1.
17. K1, p2, k4, p2, k4, p1, LTp, RTp, p1, k4, p2, k4, p2, k1.
- 18 - 26. Same as 1.
27. Same as 13.
28. Same as 1.
29. Same as 15.
30. Same as 16.
31. Same as 17.
32. Same as 1.

Leg Back – Large

1. P1, k2, p2, k4, p2, k4, p2, k2, p2, k4, p2, k4, p2, k2, p1.
- 2 – 8. Same as 1.
9. P1, k2, p2, k2, C4F, k4, p2, k2, p2, k4, C4B, k2, p2, k2, p1.
10. P1, k2, p2, k10, p2, k2, p2, k10, p2, k2, p1.
11. P1, k2, p2, k4, C4F, (k2, p2) twice, k2, C4B, k4, p2, k2, p1.
12. Same as 1.
13. P1, k2, p2, k4, p2, C4F, p2, k2, p2, C4B, p2, k4, p2, k2, p1.
14. Same as 1.
15. P1, k2, p2, k4, p2, k2, C4F, k2, C4B, k2, p2, k4, p2, k2, p1.
16. P1, k2, p2, k4, p2, k14, p2, k4, p2, k2, p1.
17. P1, k2, p2, k4, p2, k4, p1, LTp, RTp, p1, k4, p2, k4, p2, k2, p1.
- 18 - 26. Same as 1.
27. Same as 13.
28. Same as 1.
29. Same as 15.
30. Same as 16.
31. Same as 17.
32. Same as 1.

Cuff

Work Rounds 1-8 in established Leg Front and Leg Back designs.

Work 6 rounds even – i.e. knit the knit stitches and purl the purl stitches with NO cables.

Russian Bind Off

See *Russian Bind Off* video

To bind off in pattern, always “work” the stitches as knit the knits and purl the purls.

For “work two together”, work the knit decreases as k2tog tbl and the purl decreases as p2tog. When the decrease is worked with a knit and a purl stitch, choose the decrease to match the second stitch of the pair. (Ex. If next pair is k1, p1 then work a purl decrease.)

1. Work first two stitches and return to left needle, work these two together.
2. Work one, slip two stitches on right needle to left needle, work two together.

Repeat the 2nd step until one stitch remains. Cut yarn and pull through last stitch.

Legend:

- purl**
purl stitch

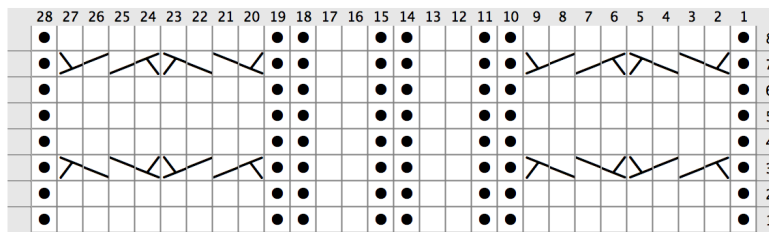
- knit**
knit stitch

- c2 over 2 right**
sl2 to CN, hold in back. k2, k2 from CN

- c2 over 2 left**
sl 2 to CN, hold in front. k2, k2 from CN

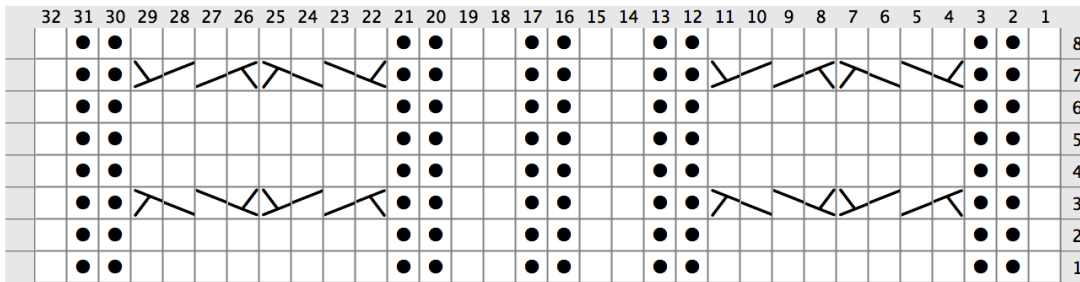
Created in KnitVisualizer (www.knitfoundry.com)

Instep Chart – Small



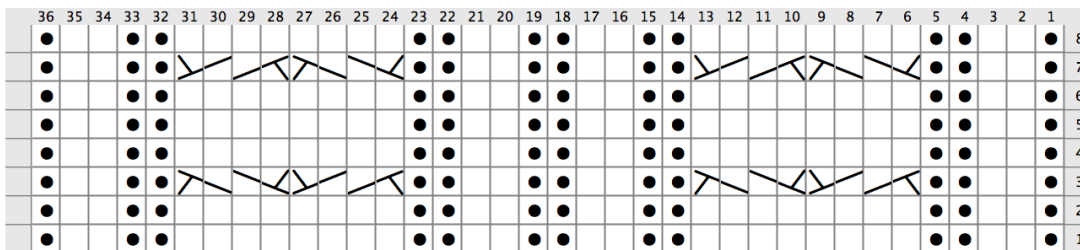
Created in KnitVisualizer (www.knitfoundry.com)

Instep Chart - Medium



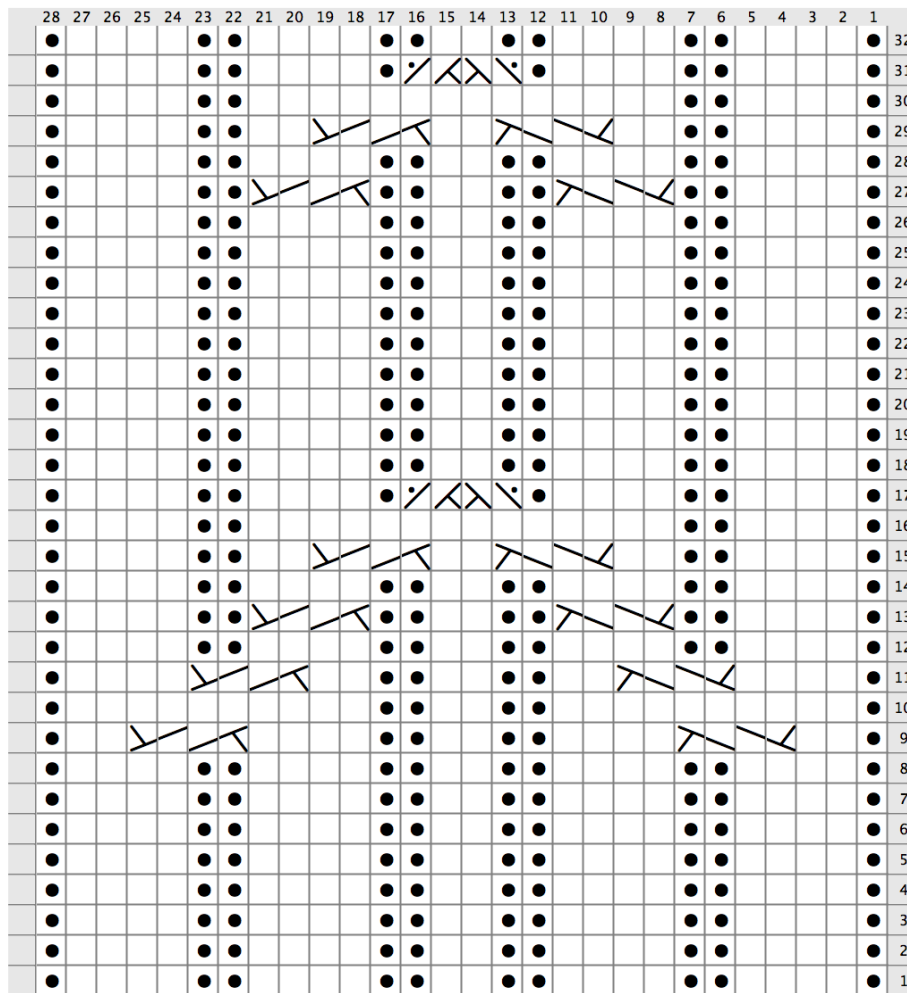
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Instep Chart - Large



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Leg Back Chart – Small



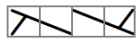
Legend:



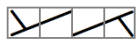
purl
purl stitch



knit
knit stitch



c2 over 2 left
sl 2 to CN, hold in front. k2, k2 from CN



c2 over 2 right
sl2 to CN, hold in back. k2, k2 from CN



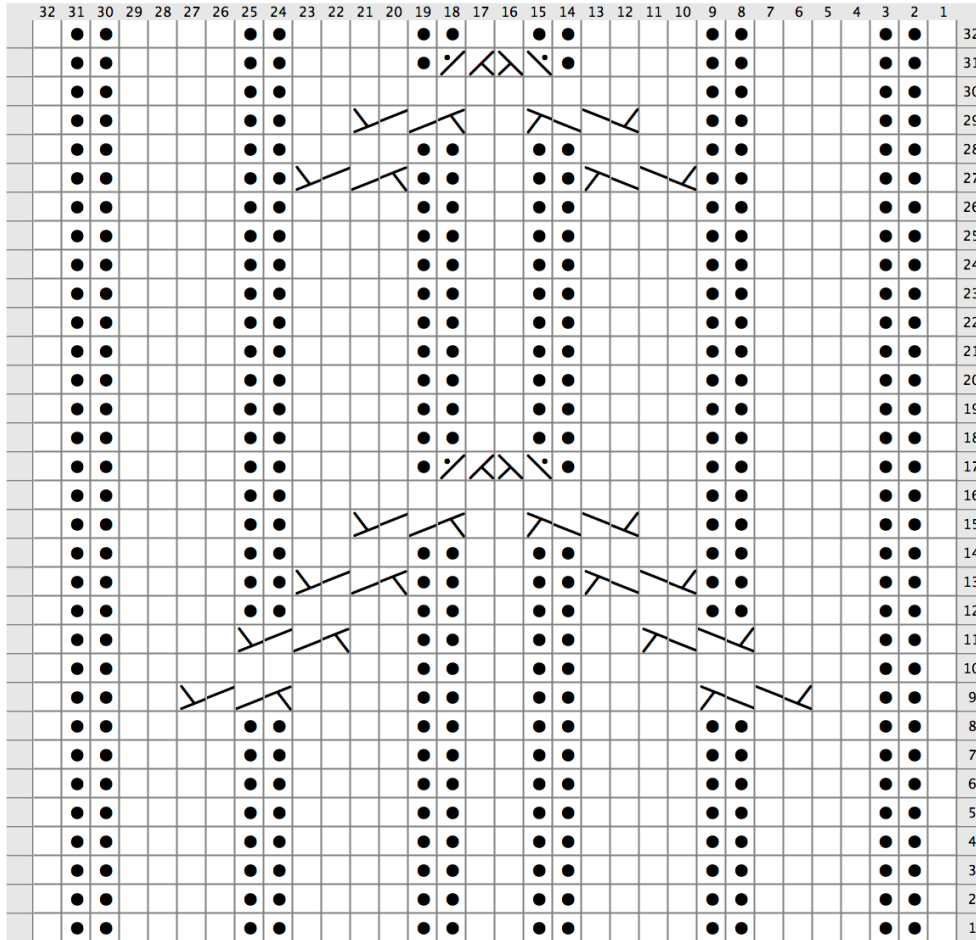
Left Twist, purl bg
sl1 to CN, hold in front. p1. k1 from CN



Right Twist, purl bg
sl1 to CN, hold in back. k1, p1 from CN

Created in KnitVisualizer (www.knitfoundry.com)

Leg Back Chart – Medium



Legend:



knit
knit stitch



purl
purl stitch



c2 over 2 left
sl 2 to CN, hold in front. k2, k2 from CN



c2 over 2 right
sl2 to CN, hold in back. k2, k2 from CN



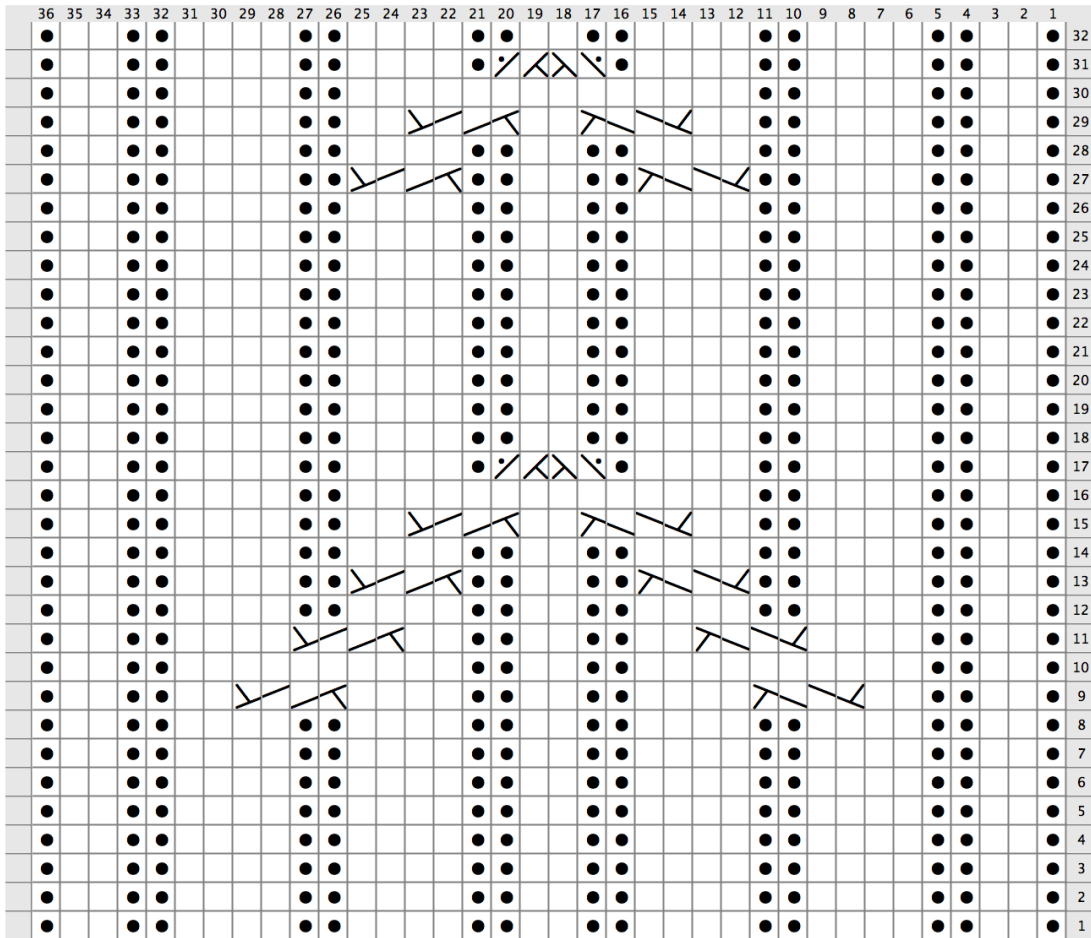
Left Twist, purl bg
sl1 to CN, hold in front. p1. k1 from CN



Right Twist, purl bg
sl1 to CN, hold in back. k1, p1 from CN

Created in KnitVisualizer (www.knitfoundry.com)

Leg Back Chart – Large



Legend:

- purl**
purl stitch
- knit**
knit stitch
- c2 over 2 left**
sl 2 to CN, hold in front. k2, k2 from CN
- c2 over 2 right**
sl2 to CN, hold in back. k2, k2 from CN
- Left Twist, purl bg**
sl1 to CN, hold in front. p1. k1 from CN
- Right Twist, purl bg**
sl1 to CN, hold in back. k1, p1 from CN

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